
*Speaking the Unspeakable* examines relationship violence among South Asian immigrants to the United States. Using both statistical data and personal stories, Abraham considers the unique issues surrounding violence in the South Asian immigrant community, including the accepted gender roles, immigration status, and unfamiliarity with the legal and social institutions of the United States. In addition, Abraham combats the stereotypes of Asian women as submissive while detailing the roles that South Asian organizations play in helping women to escape abusive relationships. By placing this issue in a larger social context, Abraham is able to communicate the importance and the complexities of domestic violence for South Asian Immigrants.


*Stop Domestic Violence* offers practical advice to women who are currently in violent relationships and to family members and friends attempting to aid survivors of domestic abuse. Written as a how-to guide, *Stop Domestic Violence* provides readers not only with the steps to escaping a violent home, but also with the steps to making changes on a community and legislative level.


*Transforming a Rape Culture* is a collection of 37 essays, compiling thoughts on sexual violence and its cultural roots and implications. Contributors are feminists, activists, policymakers, and educators including bell hooks, Gloria Steinem, Michael Messner, and Ntozake Shange. Revised from its 1993 version, this edition tackles the issues of sexual violence our culture faces today, including internet pornography, sports culture and rape, rape as a weapon in war, sexual violence within immigrant communities, and sexual harassment in schools.


Drawing from her own experiences, interviews with psychologists, and first-hand accounts from survivors, Crompton’s *Saving Beauty from the Beast* is a guide advising parents on the topic of teenage relationship abuse. Crompton details the characteristics of unhealthy relationships, the warning signs of abuse, and the steps for planning safe breakups while encouraging parents to empower their daughters through open discussions and healthy relationship education.

*Voices of Courage* is a collection of empowering stories from twelve survivors of acquaintance rape, incest, child molestation, clergy abuse, marital rape, gang rape, and stranger attack. Instead of focusing on victimhood, *Voices of Courage* inspires readers with the determination and growth of survivors from a diversity of backgrounds and demographics.


Written by a psychologist and a former rapist, *It’s My Life Now* provides a guide for women who have recently left abusive relationships and now face the daunting task of putting back together the pieces of their life. Because leaving can be one of the most dangerous and most emotionally difficult times for women, Dugan and Hock offer advice on remaining safe after leaving and managing the emotional turmoil of starting over. *It’s My Life Now* also offers a model for maintaining healthy relationships and explains how to recognize unhealthy relationships in the future.


*The Verbally Abusive Relationship* examines the nature of verbally abusive relationships, illustrating their tendency to either precede or accompany physically abusive relationships. Evans defines what constitutes a verbally abusive relationship and provides advice on how to either liberate oneself from an unhealthy relationship, repair an existing relationship, or reflect on the effects of past relationships, providing survivors of verbally abusive relationships a means of understanding their mistreatment and gaining back their power and self-esteem.


*The Men’s Program* is a male peer education program designed to teach high school and college-aged men definitions of rape, methods of educating their peers, and advice on how to comfort a friend who is a survivor of rape. The book explains how to run the program and how to train peer educators.


Gaddis alerts readers to the prevalence of violence in teenage relationships and describes the danger signs to watch for in dating relationships. *Dangerous Dating* explains how parents can best respond to threats or violence against a daughter and provides parents with resources and methods of communication with daughters.

Examining the subject of sexual assault within the bisexual and lesbian community, Girshick describes the experiences and thoughts, taken from surveys and interviews, of 70 women. She documents the women's responses to the violence, whether they received or were denied aid, and whether silence was imposed on them. Dedicated to “those who are still silenced,” the book also powerfully explores the need for community and discourse on woman-to-woman sexual violence.


*Sexual Assault in Context* is an aid for those wishing to create peer counseling programs and violence prevention programs on college campuses. In his book, Kilmartin examines male gender in culture’s relationship to sexual violence, an overlooked topic in many programs about sexual assault. By discussing cultural gender pressures, relationship skills, prevention strategies, and information on funding, Kilmartin’s book provides an understanding of how male culture affects the treatment of women and how campus leaders can establish their own programs.


Using photographs, illustrations, exercises, role-plays, in-class handouts, homework sheets, and discussion guidelines, *Making the Peace,* provides users with a 15-session violence prevention program for high school students. The program explores the issues of dating violence, gangs, interracial tension, suicide, sexual harassment, and the social roots of violence with a purpose of raising self-esteem in students and providing students with methods of preventing violence.


*Recovering from Rape* is a guide for survivors of rape, explaining how to pursue medical, legal, and psychiatric help. Ledray also focuses on the common emotions that survivors and secondary survivors feel, helping readers understand that they are not alone. A list of state-by-state rape crisis centers is included.


Lemon uses samples of current legislation, Congressional memoranda, restraining order forms and articles from the popular press, including newsletters and brochures from hard-to-obtain sources to comprehensively examine different perspectives of domestic violence law and illustrate the changes in domestic violence law through history. In addition, Lemon examines the tension between the theory of law and practice of law, while discussing how this affects the role of the attorney.

Lueders tells the true story of a survivor of rape whose case was thrown out by the police, demonstrating the abuse that survivors are subjected to from the very people who are supposed to seek justice for her. Police convinced the woman to admit to lying and obstruction of justice after botching her rape case. *Cry Rape* follows the woman’s struggle to pursue legal action against the rapist and law enforcement in order to repair her life.


*The Sexual Healing Journey* is a personal therapy book providing survivors of sexual abuse with an understanding of what constitutes abuse and how to heal psychologically after sexual abuse. Using clinical work and interviews, Maltz discusses possible negative psychological reactions of sexual violence, specifically focusing on sexual dysfunction, hoping to help readers heal and maintain or develop a healthy positive outlook on sex.


Using poetry, prose, and photography, *Saturday Night* is a collection of thought-provoking, compelling, and courageous sexual assault narratives from students at Duke University. These stories provide students with a space to speak out about their experiences, while also increasing awareness of sexual assault on campus. In addition, *Saturday Night* includes definitions of sexual assault, common reactions to sexual violence, methods of sexual violence prevention, and resources for survivors of sexual assault.


Commissioned by the National Society for the Prevention of Cruelty to Children (NSPCC), *Images of Abuse* explains definitions of child pornography, summarizes statistics on incidence, discusses the impact pornography has on children, reviews the prevalence of child pornography on the internet, and provides recommendations for further research and policy change. The NSPCC hopes that through this publication, they can raise awareness and enact change by encouraging research and legislation.


Written by an expert in the field of post-traumatic stress disorder, *The Rape Recovery Handbook* provides survivors of rape with coping methods and advice on finding emotional empowerment. Matsakis explains how to create a safety plan, how to find community support, and how to diffuse negative emotions, all in an effort to experience emotional healing after rape.

McGregor analyses the ethical and legal problems that arise in connection with acquaintance rape cases. She discusses the complexities involved in notions of consent and intention, while also discussing the involvement of drugs, alcohol, and mental illness in cases of rape. McGregor argues that criminal rape laws need to be expanded past cases of clearly recognized physical violence and proposes a new approach to criminal rape laws that involve an inclusion of nonconsensual sex.


*Getting Free* is a self-help book with exercises designed to help women recognize abuse. Each chapter explains an individual stage of leaving an abusive relationship, while also pointing out common dilemmas associated with each stage. In addition, NiCarthy provides readers with the historical background of battering and several inspirational stories of success. *Getting Free* aims to help survivors achieve healthy autonomy and emotional stability.


*Academic and Workplace Sexual Harassment* features an overview of sexual harassment in kindergarten through high school, college, and universities, and the workplace. The volume incorporates perspectives from diverse disciplines and resources including psychology, sociology, law, literature.


Opening with the author’s account of her rape, *Surviving the Silence* tells the stories of Black women who felt obligated to remain silent after surviving rape in order to protect themselves and the Black community. The collection of stories represents courage and power for the narrators and encourages women to tell their own stories.


*No More Secrets* encourages readers to break silences, share secrets, and name the forms of abuse in lesbian relationships. Using interviews with social workers and victims, Ristock explains how and why lesbian relationships become violent and how the medical and criminal justice systems react to relationship violence in the lesbian community. Ristock also offers advice for battered individuals and suggestions for wider community action.

Scarce examines the issues surrounding male on male rape, an often unrecognized form of violence. By discussing isolation, shame, HIV risk, and consent, among other topics, Scarce hopes to inform not only survivors of male on male rape, but also everyone on how to help survivors and how to develop preventative strategies against male on male rape.


Using personal stories and historical accounts, Robinson has created a valuable resource for African-American survivors of sexual assault, as well as friends and family of survivors. Robinson offers first-hand advice on emotional, physical, sexual, and spiritual healing in the African American community from her own experience as a survivor of rape. In addition, Robinson discusses the societal and historical factors that contribute to Black women’s likelihood of experiencing sexual crimes.


*Women and Male Violence* examines the cultural context of battering and the social history of activism against male violence, from the founding of the first shelters to today’s global consciousness and activism. Schechter discusses the struggle for police, judicial, and social service reforms; the role of academic sociologists and professionals; racism; state and national coalitions; the particular roles of lesbians and men; and the current right wing attack and government cutbacks. *Women and Male Violence* provides evidence of the institutional systems that perpetuate male violence and prevent women from stopping it.


In addition to interviewing individuals whose work is dedicated to women’s shelters, survivors of domestic violence, and children of survivors, Shostack conducted research on current statistics on shelter operations, current assistance opportunities for shelters and the women who turn to them for help, and some current realities of shelter life in order to compile *Shelters for Battered Women and their Children*. Shostack examines what works and what does not work; potential internal and outreach services; staffing and volunteers required for 24-hour operations; budgeting issues and funding sources; admissions, processing, and counseling of residents; and overview of shelter life, including daily routines, health care and security issues; and the preparation of residents for new lives on their own.

Learning To Live Without Violence provides guidelines for the treatment of batterers. Sonkin and Durphy outline techniques and suggestions to help men avoid anger and discontinue domestic violence through tools and exercises, which can be used with or without additional counseling.


Using first-person accounts, scholarly studies and data from a survey of college campuses conducted by Ms. magazine, I Never Called It Rape presents statistics on the likelihood of men raping women they know. Warshaw describes the cultural conventions, which perpetuate the idea of the “dating game,” which posits men as pursuers who are praised for sexual conquest and women as the pursued who are accustomed to sexual coercion. In addition, I Never Called it Rape offers realistic advice to both women and men on how to prevent acquaintance rape.


When Violence Begins at Home provides readers with everything from warning signs of an abusive relationship and advice on leaving an abusive partner to domestic violence legislation and tips for secondary survivors. Wilson demonstrates how different community groups can help survivors, including the workplace, the religious community, and the medical community and provides an appendix with resources in the form of support groups and print materials.

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Spring 2011